

School
District Name

NOVEMBER 2021



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Why aren't
bananas ever
lonely?**

Because they
come in bunches!

Menu is subject to change
without notice.

*cold breakfast bar includes: Mini
Cinn, Mini Bagels, Muffins, Cereal.
*Additional breakfast choices:
Yogurt, Cheese, Juice, Fruit
*offered daily

1% white milk and Skim chocolate
served at both meals. Variety of
fresh fruit/vegetables offered with
both meals

What am I?

I'm a leafy dark-green
vegetable that likes cool
weather. I can be eaten raw
or cooked.

Spinach

This institution is an equal
opportunity provider.

1 French toast

Meatball sub,
Broccoli

8 Biscuits and
gravy

Chicken Bacon
Ranch slider,
steak fries

15 French toast

Scalloped
potatoes with
Ham, Biscuit

22 biscuits and
gravy

Chicken
drumsticks,
mashed potatoes,
gravy, biscuit

29 French toast

Chicken
Tetrazzini,
breadstick

2 Waffles

Chicken
Alfredo,
Breadstick

9 pancake

Chicken
Nuggets, mixed
veggies, dinner
roll

16 Waffles

Chicken Fries,
carrots,

23 Pancakes

Honey bbq
bites, carrots,
dinner roll

30 Waffles

Bosco sticks,
corn

3 donuts

Chili, cinnamon
roll, crackers

10 Sandwich

Tatertot
Casserole,
breadstick

17 Breakfast cart

Thanksgiving meal:
Turkey, mashed
potatoes, gravy,
corn, roll, pumpkin
dessert

24

No School

4 pancake bites

Sweet and sour
chicken, Rice,
Vegetable stir

11 Pizza

Hot ham and
cheese, baked
beans

18 pancake bites

Hotdog on a
bun, baked
beans

25

Happy
Thanksgiving

5

NO SCHOOL

12 Omelets

Country baked
steak, mashed
potatoes w
gravy, biscuit

19 scrambled
egg

Italian chicken,
broccoli

26

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We are an
equal
opportunity
provider.



The MyPlate
icon reminds us
that we need to
eat and drink
foods from the
five food
groups. Fruits,
Vegetables,
Dairy, Grains,
and Protein
Foods are
important for
good health.

