

Schaller-Crestland



May 2021



Why is it not wise to tell secrets in a cornfield?

There are too many ears!

**We are an equal opportunity provider and employer

**Menu is subject to change without notice

** Last Day of School is the 28th

What am I?

I'm round and grow under the ground. My tall green tops taste good in soups and salads, but my red or golden root tastes nice and sweet.

Beets

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Pancakes Pork Tenderloin Tri Tater, green beans	4 millennium flacons (Omelets) Pizza the hut, bread sabers	5 Donuts Ham slice, scalloped potatoes, corn	6 Scrambled eggs Chicken nuggets, steak fries	7 Cereals Shrimp poppers, peas, dinner roll
10 Pancake on a stick Honey BBQ Bites, Sweet potato waffle fries	11 cereal Lasagna breadstick	12 Muffins Tiefenthaler Pork loin, mashed potatoes, gravy, rolls	13 pancakes Chicken Patty on a bun, broccoli	14 Biscuits and gravy Mr. Rib on bun, potato
17 French Toast Crispito, refried beans, corn	18 Breakfast pizza Tiefenthaler Brats, chips	19 Donuts Tiefenthaler Burgers, Chips	20 Scrambled eggs Chicken strips, corn, roll	21 Cereals Corn dog, mixed vegetables
24 Pancake on a stick Popcorn Chicken, mashed potatoes, gravy, roll	25 Omelets Hot ham and cheese, steak fries	26 Muffins Meatball sub, Chips	27 Pancakes Cooks Choice	28 Cereal Cooks Choice Last day of school!
31 No School Memorial Day		Have a great summer! Remember Meals are served all summer!	Fruit and vegetable bar will be offered daily with lunch Skim white and chocolate milk offered with both meals	Fresh/canned fruit and 100% fruit juice will be offered daily with breakfast



Use the Nutrition Facts label and ingredients list to limit items high in sodium, saturated fat, and added sugars. Choose vegetable oils instead of butter, and oil-based sauces and dips instead of ones with butter, cream, or cheese.

