



June 2019



What is a librarian's favorite vegetable?

Quiet Peas

Menu is subject to change without notice

Fresh fruit/veggies will be subbed for canned anytime available.

What am I?

I'm a leafy green vegetable that comes in different colors... including red! You most likely eat me in a salad or on a sandwich next to a slice of tomato.

Leaf Lettuce

This institution is an equal opportunity provider.

MONDAY

3 cereal bar, Apple sauce

Mr. Rib, steak fries, oranges

10 Pancake on a stick, peaches

Pork tenderloin, carrots, pears

17 Cereal bar, oranges

Meatloaf, peas, applesauce

24 pancake on stick, pears

Mr. Rib, baked beans, peaches

TUESDAY

4 Breakfast pizza, pineapple

Chicken Strips, corn, cantaloupe,

11 Omelet, apple

Hot dog, broccoli, peaches

18 breakfast pizza, applesauce

Chicken Nuggets, carrots, pineapple

25 omelet ,peaches

Chicken Strips, peas, pears

WEDNESDAY

5 Muffin, mandarin oranges

Corn Dog, peas, watermelon

12 bagel, banana

Chicken patty on bun, green beans, cocktail

19 muffin, pineapple

Shrimp, broccoli, mandarin orange

26 bagel, apple

Corn dog, carrots, banana

THURSDAY

6 French toast, cocktail

Cheeseburger, tots, banana

13 Pancakes, watermelon

Cheese bread, baked beans, mandarin orange

20 French toast, mandarin orange

Chicken baked steak, green beans, cocktail

27 pancakes, banana

Cheese burger, steak fries, watermelon

FRIDAY

7 Cereal, pears

Crispito, carrots, apple

14 cereal, cantaloupe

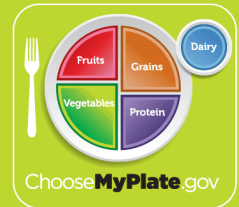
Popcorn chicken, corn, pineapple

21 cereal, cocktail

Pizza, corn, pears

28 Cereal, watermelon

Crispito, corn, apple



Make your own flavored water at home. Just add some sliced up fruit or vegetables and chill. Try cucumber or mint for a refreshing beverage!

